

# Integrative Medicine Breast Cancer Support

## Shared Medical Appointment

We realize that the challenges of navigating life after a breast cancer diagnosis can feel overwhelming without added guidance and support from peers and practitioners. That's why we offer a shared group appointment to extend community and care to breast cancer patients.

Gina Serraiocco, MD and Leigh-Anne Lehrman, PA provide 90-minute shared medical appointments for women recently diagnosed with or in active treatment for breast cancer. The virtual group sessions draw upon the practitioners' expertise as well as their personal experiences with cancer diagnoses to offer a wide range of research-supported methods to minimize side effects and optimize outcomes in your cancer journey. The appointments include practical advice about diet and supplements as well as interactive activities, such as learning and practicing mind-body techniques to relieve stress and anxiety.

Ask your Oncology or Primary Care Provider for a referral and you will be contacted by our scheduling team.

### HOW TO SIGN-UP

- When:** Call Integrative Medicine Department for appointment dates and times.
- Insurance:** The virtual visits are covered by insurance like typical doctor visits.
- Location:** Via Zoom. Cameras must be turned on for this video appointment.
- Register:** Call 650-853-2250



**Leigh-Anne Lehrman, ND, PA-C** is a licensed naturopathic physician and integrative medicine practitioner who draws on a wide range of evidence-based therapies to provide comprehensive, personalized care to patients at the Institute for Health & Healing in San Carlos. A cancer survivor, Leigh-Anne also enjoys helping other current and former cancer patients regain their full vitality and health during treatment, remission and beyond.



**Dr. Serraiocco** is board-certified in both Internal Medicine and Integrative Medicine, as well as an Institute for Functional Medicine certified practitioner. Since 2004, her diverse medical perspective has served Sutter's Palo Alto Medical Foundation's Integrative Medicine Department, where she combines Western medicine with a holistic approach.